

AGENDA

Suicide Prevention: New Interventions That Work

Susan Marie, PMHNP, Ph.D.

- 9:00-9:10 Welcome and Introduction
- 9:10- 9:25 Understanding suicidality and suicidal behaviors
9:25-9:45 Dispelling myths and attitudes about suicide
9:45-10:30 Understanding crisis, brain changes with crisis & suicidality

10:30- 10:40 Break

Screening and assessment, using measurement tools

- 10:20- 10:50 Interviewing techniques
10:50- 11:05 Effective screening tools to uncover the plan
11:05- 11:20 Using PHQ-9, Columbia Suicide Severity Rating Scale
11:20-11:30 Warning signs vs. risk factors
11:30-11:45 Protective factors and risk formulation
11:45- 12:10 Skill practice using the Columbia Suicide Rating Scale

12:10-12:50 Lunch

Vulnerable populations: Special considerations

- 12:50 -1:30 Substance use disorders, teens, elderly, LGBTQ
1:30- 2:00 Military and veterans
2:00-2:20 Adapting assessment and intervention to vulnerable populations

2:20-2:30 Break

Suicide intervention

- 2:30-2:35 Crisis intervention strategies for suicide prevention
2:40-2:50 Demonstration integrating risk assessment, crisis intervention, reassessment of suicidal risk
2:50- 3:00 Safety planning
3:00-3:20 Skill practice using Suicide Safety Planning
3:20-3:35 Self-injurious behavior
3:35-3:45 Means reduction
3:45-3:50 Documentation
3:50-4:00 Continuity of care post intervention, resources