

Agenda

Treatment of Uncomplicated and Complicated Grief

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- 9:00 - 9:10 Welcome and Introduction
- 9:10 – 11:00 I. Definitions
- a. Grief, bereavement, and mourning
 - b. Uncomplicated versus complicated
 - c. Types of losses
- II. Uncomplicated grief
- a. The 7 domains
 - b. Indicators and mediators
- III. Disenfranchised grief
- a. Types
 - b. Impact on the grieving process
- 11:00 -11:10 Break**
- 11:10 -12:30 IV. Grief theories
- a. Older theories
 - b. Modern theories
- V. Attachment styles and impact of the grieving process
- VI. Complicated grief
- a. Prevalence, Definition
 - b. Risk Factors, Alerts
- 12:30 – 1:10 Lunch**
- 1:10 - 2: 30 VII. DSM-5 and differential diagnosing
- a. Why the changes?
 - b. Persistent complex bereavement disorder
 - c. Current theories of complicated grief
 - d. Differential diagnosing from PCBD, depression, PTSD, & adjustment disorders
- VIII. Assessment
- a. Gathering and organizing information
 - b. Approaches to assessment – informal and formal
- 2:30 - 2:40 Break**
- 2:40 – 4:00 IX. Treatment Planning
- a. Uncomplicated grief
 - b. Complicated grief
- X. Interventions
- a. Dual Process Model of coping
 - b. Traditional
 - c. Evidence-based, integratively informed interventions